

Adhealth F[®]

Comprehensive foundational stress-adaptation formula

STRICTLY PRACTITIONER ONLY
ethical | innovative | dedicated



Pack Size: 90 hard capsules.

Directions for Use: Take 1 capsule, 3 times daily with water, or as directed by your healthcare practitioner.

Storage Guide: Store below 25°C in a cool, dry place.

Warnings: This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible [Contains Vitamin B6]. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health professional. Contains sulfites.

Product Indications:

- Herbal support for a healthy stress response in the body
- With Siberian ginseng to relieve fatigue and support mental concentration
- With B complex vitamins to support energy production and nervous system health
- With chromium to support healthy blood glucose
- Iodine, zinc and selenium to support thyroid hormone production
- Vitamin B6 to support cognitive function and healthy mood balance
- Vitamin C and zinc to support healthy immune system function and reduce free radical damage to body cells

Product Highlights

Comprehensive herbal and nutritional formula

Low excipient, vegetarian capsule

Split dosing to allow for individual prescribing

Strictly Practitioner Only

Each Adhealth F[®] capsule contains:

<i>Withania somnifera</i> (Withania) root ext. dry conc. stand.	80 mg
from minimum dry root	1000 mg
standardised to withanolides (of <i>Withania somnifera</i>)	4 mg
<i>Eleutherococcus senticosus</i> (Siberian ginseng)	
root ext. dry conc. stand.	40 mg
from minimum dry root	600 mg
standardised to syringaresinol diglucosides	320 micrograms
<i>Rehmannia glutinosa</i> (Rehmannia) root ext. dry conc.	50 mg
from dry root	300 mg
AND	
Tyrosine	200 mg
Potassium iodide	98 micrograms
equiv. Iodine	75 micrograms
Chromium nicotinate	133.3 micrograms
equiv. Chromium	16 micrograms
Selenomethionine	37.5 micrograms
equiv. Selenium	15 micrograms
Zinc citrate dihydrate	9.35 mg
equiv. Zinc	3 mg
Magnesium phosphate	48.4 mg
equiv. Magnesium	10 mg
Calcium pantothenate	75 mg
equiv. Pantothenic acid	68.7 mg
Thiamine hydrochloride	10 mg
equiv. Thiamine	8.9 mg
Riboflavin	10 mg
Nicotinamide	15 mg
Pyridoxine hydrochloride	15 mg
equiv. Pyridoxine	12.3 mg
Ascorbic acid	40 mg

Often used in conjunction with:

- Vitamin C range
- BioActivated B
- BioTress[®]
- BioActivated Magnesium